



# Lap Pool

## December 22 – January 3

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### Holiday Hours

Lap Pool open Tuesday, December 24th 5:00am – 11:30am

Subject to change. Lap Pool open Tuesday, December 31st 5:00am – 2:30pm

Lap Pool open Wednesday, January 1st 9:00am – 3:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:30pm Lap Swim – 6 lanes	December 24th 5:00am-11:30am Lap Swim – 6 lanes	Closed December 25th	5:00am-9:30pm Lap Swim – 6 lanes	5:00am-9:30pm Lap Swim – 6 lanes		
	December 31st 5:00am-2:30pm Lap Swim – 6 lanes	Open January 1st 9:00am-3:30pm Lap Swim – 6 lanes			7:00am-5:30pm Lap Swim – 6 lanes	11:00am-5:30pm Lap Swim – 6 lanes

### Helpful Things To Know

- Swimmers should ALWAYS share available lap lanes – circle swimming during peak pool usage times is encouraged. Please make sure the swimmer knows you are joining them prior to starting your lap swim.
- Please limit swim time when others are waiting.
- You must be at least 15 years of age and wearing appropriate attire to use the Whirlpool, Sauna and Steam Room.
- Underwater breath holding activities are prohibited in YMCA pools. Please review all posted pool rules prior to swimming.



# Leisure Pool



## December 22 – January 3

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 = Indicates water features in use – a Swim Test is required for anyone to use the Slide.

- Children under 10 – parent/adult guardian should remain in pool area at all times.
- Children under 10 are automatically designated a non-swimmer unless they can pass the swim test.
- Non-swimmers are restricted to the shallow end and must be actively supervised and within arm’s reach of a parent or adult guardian at all times.
- Except for program participants, in between program time, the Splash Pad is only available during Open and Limited Open Swim times.
- Parent/adult guardian must remain within arms’ length of children using Splash Pad.
- Only US Coast Guard floatation devices should be used and are available on the pool deck.

**Aqua Physical Therapy – to schedule or find out more information call Powers Health (219) 286-3890**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-12:00 Aqua Physical Therapy				9:00-12:00 Aqua Physical Therapy		
8:00-12:00 Open Swim	10:00-11:30 Open Swim			9:00-10:00 Open Swim	9:00-12:00 Open Swim	
	Christmas Eve & New Year’s Eve		10:00-12:00 Open Swim	10:00-11:00 Childcare/ Self-Led Water Exercise Time (WET)		
				11:00-12:00 Childcare Fun Days (Registration required)		
12:00-3:00 Open Swim	12:00-2:30 Open Swim		12:00-3:30 Open Swim	12:00-3:30 Open Swim	12:00-1:00 Birthday Party	12:00-1:00 Birthday Party
	<b>New Year’s Eve Only</b>				1:00-3:00 Open Swim	1:00-3:00 Open Swim
						
			4:00-6:00 Open Swim	3:30-6:00 Open Swim	3:00-5:00 Open Swim	3:00-5:00 Open Swim
3:45-6:45 Open Swim						