



NOVEMBER

UPCOMING EVENTS AT THE Y

VALPARAISO FAMILY YMCA
1201 Cumberland Crossing Dr
Valparaiso, IN 46383

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Nutrition Seminar Community Room 11:30 AM - 12:30 PM	1	2
3 DAYLIGHT SAVINGS Don't forget to turn your clocks back	4	5 ELECTION DAY Don't forget to vote! Cooking Class Healthy Pumpkin Pancakes FUMC Kitchen	6	7	8	9
10	11 VETERANS DAY Thank you to our active and retired service members!	12 Gather & Grow Community Room 11:30 AM - 12:30 PM	13 First Aid Class Community Room 5:30 PM - 7:30 PM	14	15	16
17	18	19 Thanksgiving Potluck Community Room 11:30 AM - 12:30 PM	20	21	22	23
24	25	26	27	28 THANKSGIVING YMCA will be Closed	29 BLACK FRIDAY PROMOTION Joiner fee waved for new members. Additional 20% off if you pay your membership in full for the year.	30